



Aruban kids are guest stars on an episode of New York TV show “Kids can Cook”

Sylvia Garson, Producer and star of the New York cable show “Kids can Cook” has been visiting Aruba and filming for her program that airs on channel 36 every Sunday afternoon. Along with Cynthia Eng, her assistant and photographer, Sylvia has been touring the island in preparation for filming an episode of her program, which showcased Aruba, The Amsterdam Manor Resort and cooking with a Caribbean flair.

On Tuesday morning, Sylvia was joined before the cameras by Josanne, Viviane and Pernelle Tromp, along with Joseph Gemore, son of Guy Gemore of Player’s Choice Tours, the wholesalers that provided transportation to Aruba for Sylvia and Candice.

Mango Restaurant at the Amsterdam Manor was the stage for a cooking lesson with Chef and F&B Manager Marcus Giesbers, and Sylvia assisted the kids in preparing a meal that not only embodies island cuisine, but also is balanced and nutritious. Healthy eating and lifestyle, interesting and educational subjects and introductions to different cultures are woven through the theme of the show, where youthful watchers learn about the various countries and their people,, not only how to prepare the native dishes.

Sylvia has been broadcasting her show to the New York tri-state area since 1990, after leaving a career as a corporate chef and cook for famed TV journalist Walter Cronkite. She loves bringing the world to her young viewers in many ways, particularly through the distinctive cooking of each culture. On Tuesday, the children helped prepare skewered vegetables served with Aruban Creole sauce, barbecued funchi (a dish similar to polenta) and plantains, and the restaurant’s signature dish, Mango Cake with Fresh Mango Sauce.

During her program, Sylvia conveys the interesting aspects of each unique culture, and that it should be enjoyed. “You are you and I am me,” intones Sylvia, and encourages her viewers to respect that attitude, which also happens to be the name of the very lovely line of clothes that she wears for her show. Individualism coupled with understanding people that are different are worth developing, which she does through fun and educational programming.

The close to the morning’s filming was a presentation to Maritza Tromp of the Aruba Tourism Authority (ATA) of a collection of clothes and playthings for the children of Casa Cuna Progreso, a live-in center for children from troubled homes. Both Sylvia and Candice report that their time in Aruba has been a wonderful and enlightening experience, and particularly expressed their gratitude to the ATA, Player’s Choice, and The Amsterdam Manor for their generosity and cooperation in providing the means for them to film this episode in Aruba. They expressed that their time in Aruba has been especially delightful “ because of the wonderful people we have met. We find the Aruban people the nicest and most hospitable with whom we have ever had the pleasure of working, and they are the most memorable part of our visit.” Those living in the New York tri-state area can watch their local TV guides for when the episode will air.